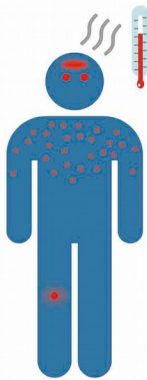




預防茲卡 請注意!!

Attention Travelers: Zika Virus Prevention

症狀 Symptoms



- 發燒
Fever
- 頭痛
Headache
- 結膜炎
Conjunctivitis
- 斑丘疹
Maculopapular Rash
- 關節疼痛
Joint Pain

做好防蚊措施 Mosquito Bite Prevention



- 穿淺色長袖衣褲
Wearing light-colored clothing, long sleeves and long pants.



- 塗含DEET成分防蚊藥劑
Use mosquito repellent containing DEET.



- 住處有紗窗、紗門或空調
Mosquito-proof your accommodation: use window screens, screen doors or air conditioning.

返國應注意事項 After Returning Home



- 入境時不適，通報機場檢疫人員
When feeling unwell upon arrival, please contact the quarantine officer.



- 返國14天內有不適，速就醫告知旅遊史
If symptoms develop within 14 days of your return, please seek immediate medical attention and inform the physician of your travel history.



- 離開流行地區28天內性行為為使用保險套
Use condoms when having sex for at least 28 days after returning from Zika-affected areas.



- 孕婦應定期產檢追蹤胎兒超音波
Pregnant women are advised to periodically get an ultrasound to ensure the health of their developing fetus.